

SENIOR NUTRITION PROGRAM



*Enjoy a good meal, meet friends & have
a great time!*

Introducing Café Costa!

Previously known as the CC Café, we are excited to introduce to you Café Costa! The senior nutrition program has a fresh, new contemporary look. With the new branding comes a new 5-week menu so you are able to plan ahead (the menu can be found on page 7). Some of the benefits of Café Costa are good meals, meeting friends and having a great time.



Café Costa Congregate Meals Begin Monday, July 12, 2021

Beginning Monday, July 12, 2021, Café Costa will be offered indoors at the senior center. Café Costa will be offered Monday –Friday from 11:00 am—1:00 pm. Lunch served from 11:30 am—12:15 pm. For participants who are over the age of 60, there is a recommended donation of \$3.00. Lunch is \$6.00 for those under the age of 60. To make a reservation you must call by 12:00 pm on the business day prior to the day you want to attend. You can reach Café Costa at 925-646-2598.



Café Costa Frozen Meal Packs Every Monday

Café Costa will provide 5-day frozen meal packs through August 2021. Frozen meal packs are delivered to the senior center on Mondays and distributed to participants in the parking lot. You must be 60 years of age or older and there is a recommended donation of \$3.00 per meal (\$15.00 total). Orders must be placed by Fridays at 11:00 am by calling 925-646-2598.