

C.C. Café Senior Nutrition Program

This program is provided by Contra Costa County Health Services and held at the Martinez Senior Center. The C.C. Café is a lunch program for adults 60 years of age and older. The C.C. Café offers nutritionally balanced meals on a daily basis. The Café promotes social interaction and companionship among seniors. No membership is required and there are no income level restrictions.

For some of our seniors, this is the only hot meal they receive per day. The oversight of this program is provided by City of Martinez Senior Staff Administration. Hot nutritious lunches are served Monday-Friday at 11:45 am until 12:30 pm.

Meals must be reserved one business day prior to attending by 12:00 pm. All meals served are low-sodium and low-fat. Suggested donation set by the county is \$3.00 for 60+. \$5.00 fee for those under the age of 60. For more information or to reserve your meal please call 925-646-2598.