

Ages 4 – 14 yrs ONE WEEK SESSIONS!

Class sizes for lower levels are *approximately* a 1:5 instructor to student ratio; higher levels may be slightly larger. Instructors test the first day of class for level placement. Each session includes 4 days of class, each 30 minutes long.

Choose the time and week(s) that work best for your schedule. Register by calling Martinez Recreation at 372-3510 or go to www.cityofmartinez.org

Fee: \$33 Resident

\$36 Non-Resident

Morning Lesson Times:

REGISTRATION BEGINS MONDAY, APRIL 29TH

10:35 – 11:05 am

Tuesday, Wednesday, Thursday & Friday

Week	1	June 11 - 14
Week	2	June 18 - 21
Week	3	June 25 – 28
Week	4	July 2, 3, & 5***
Week	5	July 9 - 12
Week	6	July 16 – 19
Week	7	July 23 – 26
Week	8	July 30 – Aug. 2
Week	9	Aug. 6 – 9

***(3 classes \$25 Resident, \$27 Non-Resident)

11:15 – 11:45 am

Tuesday, Wednesday, Thursday & Friday

Week	1	June 11 - 14
Week	2	June 18 - 21
Week	3	June 25 – 28
Week	4	July 2, 3, & 5***
Week	5	July 9 - 12
Week	6	July 16 – 19
Week	7	July 23 – 26
Week	8	July 30 – Aug. 2
Week	9	Aug. 6 – 9

***(3 classes \$25 Resident, \$27 Non-Resident)

Afternoon Lesson Times:

4:10 – 4:40 pm

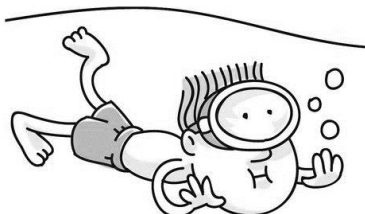
Monday, Tuesday, Thursday & Friday

Week	1	June 10 – 14
Week	2	June 17 – 21
Week	3	June 24 – 28
Week	4	July 1, 2, 5 ***
Week	5	July 8 – 12
Week	6	July 15 – 19
Week	7	July 22 – 26
Week	8	July 29 – Aug. 2
Week	9	Aug. 5 – 9
Week	10	Aug. 12 – 16
Week	11	Aug. 19 – 23
Week	12	Aug. 26 – 30

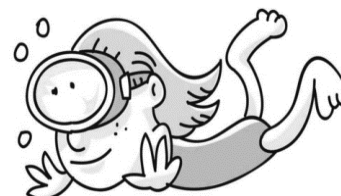
4:45 – 5:15 pm

Monday, Tuesday, Thursday & Friday

Week	1	June 10 – 14
Week	2	June 17 – 21
Week	3	June 24 – 28
Week	4	July 1, 2, 5***
Week	5	July 8 – 12
Week	6	July 15 – 19
Week	7	July 22 – 26
Week	8	July 29 – Aug. 2
Week	9	Aug. 5 – 9
Week	10	Aug. 12 – 16
Week	11	Aug. 19 – 23
Week	12	Aug. 26 – 30



Night Lesson Times continue on next page



Night Lesson Times**6:25 – 6:55 pm****Monday, Tuesday, Thursday & Friday**

Week	1	June 10 - 14
Week	2	June 17 – 21
Week	3	June 24 – 28
Week	4	July 1, 2, 5***
Week	5	July 8 – 12
Week	6	July 15 – 19
Week	7	July 22 – 26
Week	8	July 29 – Aug. 2
Week	9	Aug. 5 – 9
Week	10	Aug. 12 – 16

***(3 classes \$25 Resident, \$27 Non-Resident)

7:00 – 7:30 pm**Monday, Tuesday, Thursday & Friday**

Week	1	June 10 - 14
Week	2	June 17 – 21
Week	3	June 24 – 28
Week	4	July 1, 2, 5***
Week	5	July 8 – 12
Week	6	July 15 – 19
Week	7	July 22 – 26
Week	8	July 29 – Aug. 2
Week	9	Aug. 5 – 9
Week	10	Aug. 12 – 16

***(3 classes \$25 Resident, \$27 Non-Resident)

SWIM LESSON TIPS AND SUGGESTIONS:

- Goggles allow students to swim underwater without eye irritation.
- Please apply sunscreen to your child thirty minutes before class for the best sun protection.
- Girls should pull their hair away from their eyes with a tie or clip. Wet hair falling across the face, mouth, and nose can be frightening for a new swimmer.
- Bring a big fluffy towel to wrap swimmers at the end of class. Even on warm days, the air can feel cold to youngsters exiting the water.
- Please do not hover over the class or sit close to your child's group. The child should be listening to the instructor and following his/her directions.
- Rash guards protect from the sun and the cold.
- Avoid swimmer's ear by removing moisture from the ear as soon as possible.
 - Have the child lay down on the offending side until the water runs out.
 - Blow dry – Put the blow drier on the lowest setting. Blow across—not into the ear



8 MONTHS – 3 YEARS OLD

The class focus is to create a nurturing aquatic environment. Our instructors guide parents through a series of songs and activities, ultimately teaching parents how to successfully submerge their child. One week of 4 classes a session.

Choose the time and week(s) that work best for your schedule. Register with Martinez Recreation at 372-3510 or www.cityofmartinez.org

REGISTRATION BEGINS MONDAY, APRIL 29TH

Fee: \$23 Resident

\$26 Non-Resident

Morning Lesson Times:

10:35 – 11:05

Tuesday, Wednesday, Thursday & Friday

Week	1	June 11 – 14
Week	2	June 18 – 21
Week	3	June 25 - 28
Week	4	July 2, 3, & 5***
Week	5	July 9 – 12
Week	6	July 16 – 19
Week	7	July 23 – 26
Week	8	July 30 – Aug. 2
Week	9	Aug. 6 – 9

***(Week 4: 3 classes \$17 Resident, \$19 Non-Resident)

11:15 – 11:45 am

Tuesday, Wednesday, Thursday & Friday

Week	1	June 11 – 14
Week	2	June 18 – 21
Week	3	June 25 - 28
Week	4	July 2, 3, & 5***
Week	5	July 9 – 12
Week	6	July 16 – 19
Week	7	July 23 – 26
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Afternoon Lesson Times:

4:10 – 4:40 pm

Monday, Tuesday, Thursday & Friday

Week	1	June 10 – 14
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Week	8	July 29 – Aug. 2
Week	9	Aug. 5– 9
Week	10	Aug. 12 – 16
Week	11	Aug. 19 – 23
Week	12	Aug 26 – 30

***(Week 4: 3 classes \$17 Resident, \$19 Non-Resident)

4:45 – 5:15 pm

Monday, Tuesday, Thursday & Friday

Week	1	June 10 – 14
Week	2	June 17 – 21
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***(Week 4: 3 classes \$17 Resident, \$19 Non-Resident)

Night lessons continue on the next page...

RANKIN AQUATIC CENTER

2019 STARFISH PARENT TOT CONTINUED

8 MONTHS – 3 YEARS OLD

5:20 – 5:50 pm

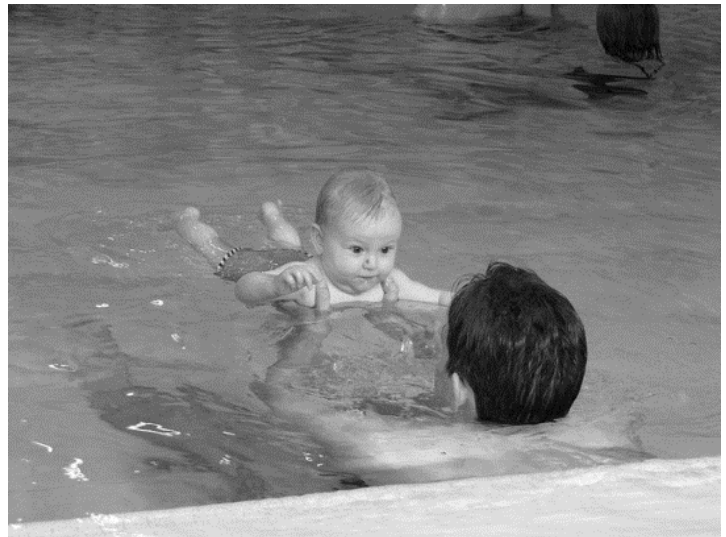
Monday, Tuesday, Thursday & Friday

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Week	5	July 8 – 12
Week	6	July 15 – 19
Week	7	July 22 – 26
Week	8	July 29 – Aug. 2
Week	9	Aug. 5 – 9
Week	10	Aug. 12 – 16
Week	11	Aug. 19 – 23

6:25 – 6:55 pm

Monday & Tuesday for two weeks

Session	1	June 10, 11 17 & 18
Session	2	June 24, 25, July 1 & 2
Session	3	July 8, 9, 15 & 16
Session	4	July 22, 23, 29 & 30
Session	5	August 5, 6, 12, & 13



Register at www.cityofmartinez.org or
by calling 925-372-3510

Fee: \$23 Resident/\$26 Non-Resident
***3 classes \$17 Resident/ \$19 Non-Resident

PRIVATE LESSONS

Lessons are scheduled based on staff availability

Lessons are available for students ages 3 to adult of all swimming abilities. Each lesson is 20 minutes. **Call 925-370-6451 beginning June 14 to arrange a lesson.**

Lessons are scheduled based on staff availability and pool usage.

(If there are no staff available no lessons will be scheduled.)

No semi-private lessons are offered.

Fee: \$90 for 4 private lessons \$25 for each private lesson