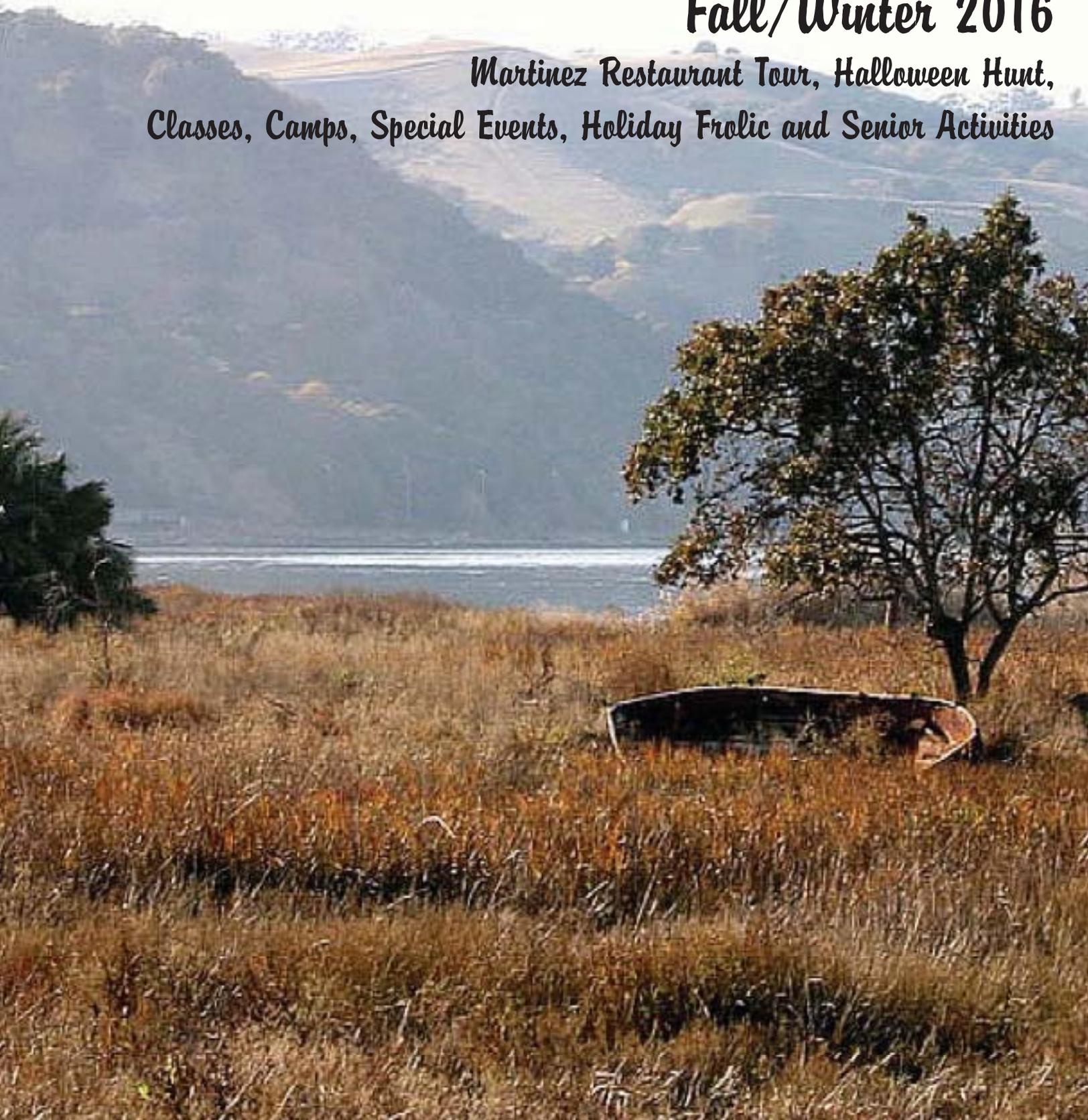


City of Martinez

Recreation Activity Guide

Fall/Winter 2016

*Martinez Restaurant Tour, Halloween Hunt,
Classes, Camps, Special Events, Holiday Frolic and Senior Activities*



**CITY OF MARTINEZ
RECREATION**

You can find us at:
Martinez City Hall, 2nd Floor
525 Henrietta Street
Martinez, CA 94553
925.372.3510

VISIT US ON THE WEB
www.cityofmartinez.org

OUR BUSINESS HOURS:

Monday - Friday
8 a.m. - Noon
1 - 5 p.m.

City Manager

Brad Kilger

Assistant City Manager

Anna Cardwell

City Council Members

Rob Schroder, Mayor

Mark Ross

Lara DeLaney

Anamarie Avila Farias, Vice Mayor

Debbie McKillop

**Park, Recreation, Cultural and Marina
Commission**

Dylan Radke, Chair

Victor Baker, Commissioner

Karen Bell-Patten, Vice Chair

Brian Eychner, Commissioner

Satinder Malhi, Commissioner

Richard Patchin, Commissioner

Rob Parolek, Commissioner

Adrienne Ursino, Commissioner

Recreation Division Staff

Patty Lorick, Recreation Supervisor

Barbara Patchin, Recreation Coordinator

Robin Agostino, Administrative Assistant III

Gina Lombardi Garavert, Senior Supervisor

Laura Bryan, Senior Coordinator

Parks & Maintenance Staff

Dave Scola, Director of Public Works

Bob Cellini, Public Works Superintendent

Dave Lusty, Parks Supervisor

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Americans with Disability Act (ADA)

Martinez Recreation Division is making every effort to comply with the Americans with Disabilities Act. If you need any special accommodations to participate in any of our activities, please call (925) 372-3510.

PHOTO LIABILITY: The City of Martinez Recreation Division reserves the right to photograph facilities, activities, and program participants for potential future use. All photos will remain the property of the City of Martinez Recreation Division and may be used for publicity or promotional purposes only.

Registration and Refund Policy

- Full refunds, minus a \$10 administrative fee, will be given if requested prior to start of class.
- Cancellations of picnic areas, room, and pool rentals made two weeks or more prior of the event date will be assessed a fee of \$10, cancellation within 14 days forfeit all fees.
- Classes that do not meet the minimum enrollment will be canceled and all fees refunded. You will be notified if a class is canceled.
- Upon registration you are automatically enrolled and no further confirmation will be given.
- Visa, Mastercard and Discover

32nd Coastal Cleanup Day

Saturday, September 17, 9:00 am - Noon

Join East Bay Regional Parks and The Watershed Project as they work to clean-up the Martinez Shoreline of trash and debris. There will be a special emphasis placed on clearing the marsh and waterways of plastic fishing line, garbage bags and six pack rings found on beverages. Help keep the Martinez Shoreline healthy and a great place to visit by volunteering for Coastal Cleanup Day. For more information: paula@thewatershedproject.org

Room Rentals in the Parks

The small rooms at Nancy Boyd and Golden Hills are available for your birthday party rental throughout the fall and winter. Both rooms include a patio area for additional seating and adjustable tables. Nancy Boyd includes a refrigerator, microwave and ample counter space. Golden Hills has a microwave, large dorm size refrigerator and great visual access to both playgrounds. Rooms are rented by the hour with a 3 hour minimum and \$100 deposit.

Nancy Boyd: \$22 Resident \$28 Non Resident

Golden Hills Park: \$19 Resident \$28 Non-Resident

Call the Recreation office for availability 925-372-3510

Shell / MEF Run for Education

Sunday, October 2

Race Day Registration 7 - 8 am

5K /10K Run/Walk - 8:30 am

(Race begins 8:30am on Main Street)

Shell/MEF Run for Education

The Run For Education will be held on Sunday, October 2 at 8:30 am. You can run or walk in the 5k or run in the 10k.

You may also register beginning at 7 am on race day. There is also a kids run (under 8) starting at approximately 9:30, beginning at the START line for about a block.

Shell/MEF Family Fun Night

The Family Fun Night is sponsored by Martinez Rotary and Kiwanis. It will be Saturday October 1 from 6-8 pm at the Shell Clubhouse, 1635 Pacheco Blvd. Cost is \$15 per person. Current MUSD students are free with a paying adult. Contact martinezmef@sbcglobal.net for tickets. There will be kids games, activities, music and ice cream treats.

Race Information: If you would like more information, call the Race Hotline at 313-5562 or log on to www.martinezedfoundation.com.

All proceeds support the Martinez Unified School District.

Pre-registration: \$25 for 5K/\$30 for 10K, \$20 for family or group registrants, with an increased fee on race day, you can register online go to <https://runsSignup.com/Race/CA/Martinez/ShellMEFRunforEducation>

Important City Phone Numbers

City Manager.....	372-3505
City Clerk.....	372-3512
Recreation Office.....	372-3510
Public Works.....	372-3580
Park Maintenance.....	372-3580
Martinez Senior Center.....	370-8770

Community Phone Numbers

American Indian Center.....	313-0430
Boys & Girls Club.....	228-3677
Chamber of Commerce.....	228-2345
Contra Costa County 4-H Club.....	646-6543
John Muir National Historic Site.....	228-8860
Main Street Martinez.....	228-3577
Martinez Bocce Federation.....	295-2003
Martinez Museum.....	228-8160
Martinez Youth Football.....	229-4691
NorCal Courts.....	457-5081
Pleasant Hill/Martinez Soccer Assoc.....	686-2824

Community Website Information

Martinez Bocce Federation.....	Martinezboccefederation.org
Martinez Community Swim Team.....	gototters.org
Martinez Youth Baseball & Softball.....	bestgameinmtz.org
Martinez Youth Football.....	MYFbulldogs.org
NorCal Courts.....	www.norcalcourts.com
City's Website	www.cityofmartinez.org

Martinez Marina

7 North Court Street (925) 313-0942

The Martinez Marina is located on the Carquinez Strait, one mile west of the Martinez-Benicia Bridge. The Marina, which is also part of a 300 acre regional waterfront park, offers 410 berths, ranging from 20 to 45 feet in length. A boat haul out and repair business is located nearby. There is a yacht club and bait shop located adjacent to the boat launch.

Martinez Mutt Strutt

September 15, 6:00 pm

Martinez Waterfront Amphitheater

Enter your precious pooch, lovable lab or marvelous mongrel in Best Name, Best Tail, Best Trick, Best Costume and Looks Most Like Owner categories. Prizes will be awarded to all Pampered Pups! All dogs must be on leashes. Register online at www.cityofmartinez.org or call the Recreation office (372-3510) for more information, and to register your owner.



Twilight Fishing Derby

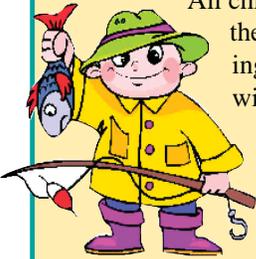
FRIDAY, September 9

6:30 - 8:00pm

Join us for a FREE evening of fishing at the Martinez Marina.

All children ages 5-15 are invited to participate in the Martinez Recreation 16th Annual Fall Fishing Derby. **Bring your pole and hooks.** We will supply the bait! Everyone who participates gets a prize. A parent or guardian must accompany all children to sign photo/liability release form. **Pre-registration** is required! Limited to 40 children. No fishing license is required.

Register on line at www.cityofmartinez.org



Free Worm Composting Workshop



Check the City of Martinez Website for dates for free worm composting workshop. We offer high-quality worm bins for \$60. Worm composting is easy, great for your yard and garden, kind to our environment and good for you too! Save money, save water, and conserve natural resources. Find out how, call 372-3531. Registration is simple, just e-mail compostsvp@cityofmartinez.org, or call (925) 372-3531.

Oohs, Ahs, & Giggles

(Free Family Shows)

3:30 - 4:15pm

September 14

Truck Day in the Plaza

September 21

The Magic of Perry Yan

September 28

The Bubble Lady

October 5

Fur, Scales and Tails



Sponsored entirely by proceeds from the Martinez Restaurant Tour held on October 8

Events located at Martinez City Hall ~ 525 Henrietta Street



Veterans Day Ceremony

Friday, November 11, 2016

PUBLIC INVITED TO ATTEND

10:00 am - Ceremony by the Veterans Commission at the Alhambra Cemetery, Carquinez Scenic Drive.

11:00 am - Ceremony by the Veterans Commission at the Ignacio Plaza , 525 Henrietta Street.

Fall Lap Swim

Must be at least 16 years old and swimming laps. Minimum of 2 lanes open. Expect to share the pool with water aerobics or the swim team.
 \$3.50 Teen \$5.50 Adults \$4.50 Seniors

August 29 – September 11

Monday – Friday 3:00 – 8:00pm
 Saturday & Sunday 8:00-10:00am & 12:00 – 5:00pm
Open Labor Day Monday, September 5 1:00-4:00pm

September 12 – October 2

Monday - Friday 3:00 – 8:00pm
 Saturday & Sunday 8:00 – 10:00am

October 3 – October 30

Monday – Friday 3:00-7:00pm
 Saturday & Sunday 8:00-10:00am

Water Aerobics

Water Aerobics is a low impact, stress free, total body workout. Instructors are certified by YMCA and/or AEA. No swimming skills are required. Equipment is provided. Program headed and directed by Pam Hall and Andrea Legault.

Monday – Friday 5:20 – 6:20pm
 August 29 – October 28 (No class Sept. 5 or Oct. 10)

Wednesday Deep Water 4:15 – 5:16pm
 August 31 – Sept. 14

Saturday Morning 9:00 – 10:00am
 August 27 – October 29 (No class Sept.17 or Sept.24)

Class Pot Luck

Friday, September 30 after the 5:20pm class. Bring a dish to share!

Per class fee:

\$6 drop-in or purchase a 10-punch card for \$50
 20-punch card for \$100



ICE BERG SWIM

Saturday, January 7

9:00am

FREE



Brr...rring some excitement to your New Year with an icy dip at the Rankin Aquatic Center 100 Buckley Street. Post frigid plunge a hot beverage will be served

Questions? Call Recreation at 372-3510

Pumpkin Dunkin' Returns!

Saturday, October 15

1:00-3:00pm

Dig out the goggles, dust off the bathing suit and jump in the pool to pick the perfect pumpkin. Craft supplies provided. Price per person with a Pumpkin to be Announced in September (Pumpkin & Swimming – Must Pre-register)
 Go to Take a Class at www.cityofmartinez.org or call 372-3510.

Swim Only Fee (No registration required)
 Pumpkin Dunkin' Fee TBA

0-2 year	Free
3-17 years	\$2.00
Adults	\$3.00
Seniors	\$2.00

Fall Public Swim Hours

Saturday, Aug 27	12:00 – 5:00 pm
Sunday, Aug 28	12:00 – 5:00pm
Saturday, Sept 3	12:00 – 5:00 pm
Sunday, Sept. 4	12:00 – 5:00 pm
Monday, Sept 5	1:00 – 4:00 pm
Saturday, Sept 10	12:00 – 5:00 pm
Sunday, Sept 11	12:00 – 5:00 pm

Fee	
0-2 years	Free
3-17 years	\$3.50
18-54 year	\$5.50
Seniors 55+	\$4.50
Family Pass	\$18.00

CEMETERY TOURS

Full Harvest Moon

September 16
6:30 – 7:45 pm

Full Hunter's Moon

October 16
6:30 – 7:45 pm

Dia de los Muertos/Halloween

October 29
6:30 -7:45 pm



The Alhambra Pioneer Cemetery, established in 1851, has stunning views of the Carquinez Strait and a rich history. A tour guide will introduce you to families with names you know and some you don't. You'll learn more about local war heroes, personalities, politicians and a most creative caretaker. Tours are designed to enlighten, not frighten. Wear sturdy comfortable shoes and dress for the weather. Evenings can be cool. Sorry, no children please!

To register go to www.cityofmartinez.org on the home page on the left hand side Class Registration.

ALHAMBRA CEMETERY RECORDS NOW ONLINE

A yearlong project to update the names of the people buried in the Alhambra Cemetery is now complete and can be found on line at www.cityofmartinez.org. You will also find links to information on Civil War Veterans buried in the cemetery as well as links to the Martinez Historical Society's Virtual Tour. There are an estimated 5,500 people (and a few animals) buried in the Alhambra Cemetery, numerous undocumented and many without headstones. The city inherited incomplete burial records from the Alhambra Cemetery Association (1869-1969). It is also alleged that the County purged many of Potter's Field records years in the 1920's. An exact number of burials may never be known. If you have additional information on anyone not listed but known to be buried at the cemetery, please contact the Martinez Recreation Office at 372-3510.

The names listed are from
Alhambra Cemetery Association Records,
Volunteers documenting grave sites,
Family members and decedents,
Old Grace Episcopal Church records,
Contra Costa County Genealogical Society's Pioneer Cemetery Records Volume 1,
and Contra Costa County Records.

Also visit www.billiongraves.com for pictures of marked graves.

The Alhambra Cemetery is located on Carquinez Scenic Road. To visit the Cemetery, please stop by the Martinez Police Department, 525 Henrietta St, between 9 am and 5 pm, Monday – Sunday to pick up a key. Saturday and Sunday, please expect to wait for an officer to provide the key.

CEMETERY CLEAN-UP

Saturday, October 8
10 am – 2 pm

Help us spruce up the cemetery! Bring friends, rakes, shovel and gloves. Water and lunch provided by E. Clampus Vitus, Joaquin Murrieta Chapter #13. This is a great Scouting or club project.

For any information call Martinez Recreation at 372-3510.

Martinez Restaurant Tour



Saturday, October 8
1:30 - 4:00 pm
\$15 per person

Join us for a delicious event in downtown Martinez. Sample tasty treats from 15 restaurants in downtown Martinez.

This is a walking tour so wear comfortable shoes and expandable belt.

Participating Restaurants:

- | | |
|----------------|-------------------------|
| Barrel Aged | Roxx on Main |
| Nu Rays | States Coffee |
| Haute Stuff | Sunflower Garden |
| Barrelista | Luigi's |
| La Tapatia | Saucie's |
| Starbucks | Whiskey Lane |
| Bar Cava | Main Street Sweets |
| Pacifica Pizza | Beaver Creek Smokehouse |

Purchase your Guest Pass

www.cityofmartinez.org
 Martinez Recreation 372-3510
 Martinez Senior Center 370-8770
Fundraiser for Oohs, Ahs, and Giggles performing art series for children.

Barbara and Marty's Halloween Hunt

Thursday, Oct. 27, 3:30-5:00 pm

We are having an old fashioned Halloween affair. There will be crafts, candy, and face painting to share. There will also be a candy hunt! Everything is **FREE**. Decorate a candy bag and have your face painted. The candy hunt will be at 4:00 pm sharp. Space is limited to the first 100 children.

Ages: 3 - 12 year olds

Location: Holiday Highlands,

Figtree Lane and Eastwoodbury Lane

To Register on line at www.cityofmartinez.org for questions call the Recreation office at 372-3510.

The 7th annual Halloween Spooktacular Trunk or Treat

Sunday, Oct. 30 from 10:00am to 2:00pm
 Downtown Martinez

Main Street Martinez & Cooperative Center FCU invite you to join us for a SAFE, FUN, and FREE Halloween Spooktacular!

We're teaming up with local businesses and residents to provide a safe place for you to enjoy Halloween festivities. Instead of walking house to house, visit creatively themed and decorated car trunks and shops lining downtown Martinez to collect candy and treats.

The Trunk or Treat and Store to Store event is in conjunction with the Farmers Market. The Market will be on the 600 and 700 blocks of Main Street. The 500, 800, and 900 blocks will be filled with Trunk or Treat cars. Also many stores throughout downtown will be open and handing out treats.

Treat bags and maps will be handed out to Trunk or Treaters in the Main Street Plaza, adjacent to Starbucks on Main St.

Face painting, crafts and activities in the plaza will be provided by the City of Martinez Parks & Recreation Department.

For more information call Main Street Martinez
 (925) 228-3577
 No registration required

Holiday Frolic

Children's Light Parade

Friday, December 2, 6:30 p.m.

This family friendly light parade begins at City Hall and ends 7 blocks away at Ferry Street. Groups, individuals, clubs and businesses are invited to participate! Free lighted toy will be handed out to the first 600 children that register for the parade. Call 372-3510 to register for lights. Musicians, performers, lighted vehicles and floats are needed! Little ones, decorate and drive your electric ride on vehicle, tricycle or wagon in the parade. **To register for the parade please call Recreation at 372-3510.**

Martinez Recreation on Main Street

December 2 Activities

3:30 - 9:00 pm

Face Painting, Tattoos, Balloon Animals & More!

Martinez Recreation staff and volunteers will be downtown to provide free face painting, temporary tattoos, nail art, and balloon animals. Yes, all free! Into the evening you will find costume characters and people walking around giving out glow bracelets and paper reindeer hats.

Games, Etc. Beginning around 5:30 pm, the 900 block of Main Street will be filled with crafts to make and giant board games. Kids will find activities to make the Friday evening fun and exciting.

Main St. Martinez Activities

Contact Main Street Martinez at www.mainstreetmartinez.org or call 228-3577

Volunteers Needed

Fulfill your High School Community Service requirements with us and give back to the community! Call 372-3547 for information.

**Winter Wonderland
in Martinez!**

Court Street Events

Friday, December 2, 3:00-5:00pm

Reindeer Stop

One of Santa's reindeer will be at the Veteran's Hall to meet and greet children. Stay for the reindeer crafts, and activities.

Gingerbread House

The Martinez Museum on Court Street, will magically transform into the Gingerbread House. See if you can find all of the Gingerbread men. Make a special craft and enjoy a special holiday treat.

Candy Cane Lane

Candy Cane Lane comes to life at the Martinez Library! Come frolic among the lollipops, and whip up some fun crafts to deck your halls.

Elves Workshop

Come make a special recycle craft with "RC" from the Martinez Arts Association at the Veterans Hall.

Hot Cocoa with Frosty

Head over to Natural Healings on the corner of Pine and Court Street for a cup of Hot Cocoa and a visit with Frosty the Snowman. Holiday Crafts making also available.

Lighting the Tree of Spirit

(corner of Court & Pine Street)

Friday, December 2, 5:30 p.m.

The magical glow of the evening's festivities begin with the twinkling of hundreds of light on the Tree of Spirit. With a flip of a switch, a special guest will put the razzle dazzle into this majestic tree. Music and the Wishing Bowl return.

Tree Lights Sponsored by: Shell, NECA, Contra Costa Electric & Natural Healings

Martinez Library

740 Court Street Phone: (925) 646-9900 www.ccclib.org
 Monday 12 - 8 p.m. Tuesday 10 a.m. - 8 p.m. Wednesday 12 - 5 p.m.
 Friday 12 - 5 p.m. Saturday 10 - 5 p.m. Closed Thursday and Sunday

Children and Family Programs

Tuesday Mornings- Mother Goose Storytime

September 20 - December 6 10:30am

Bounce, tickle and sing your way through the morning at this light-hearted story and craft time for the youngest crowd. Ages 6 months - 3 years old.

Dance Around the World with Nikola Clay

Monday, September 26 6:30pm

Sing, laugh, and dance your way around the world! Children and their families are invited to experience a variety of cultures by learning easy folk dances.

H.A.L.O Angel Ears

Saturday, September 3 and October 1

10:30am - 12:30pm

Certified therapy dogs, READ trained, will listen to children read. Sessions with these special dogs are 20 minutes each. Space is limited. Call the library at 925-646-9900 to register.

Math Science Nucleus presents:

Physics of Toys

Monday, October 10 6:30pm

Learn how your favorite toys work through physics. Create a paper helicopter, bring home your own windmill, learn about gravity through blocks and marbles. Toys have never been so fun!

The Not so Scary Halloween

Monday, October 24

6:30pm

Surprise! It's a magic show full of Halloween fun appropriate for all ages! Bring your ghosts and goblins, your superheroes and your fairies as tricks reign over treats in this silly, fun, laughter-filled show.

Great Stuffed Animal Sleepover

Monday, November 7, 6:30pm

Find out what it's like to live at the library! Come in your pajamas and bring your favorite stuffed animal. We'll do a special bedtime story time and you'll leave your stuffed pal with us who will live at the Martinez Library for 1 week. Come back next Monday, Nov 14 at 6:30pm for our special Thomas the Train program, "Choo Choo through Sodor" and pick up your stuffed animal friend along with pictures of what they've been up to at the library.

Professor Smart's Fun with Physics Show

Monday, December 5, 6:30pm

There's juggling! There's comedy! There's physics! Learn while entertained by Professor Smart. Watch out, because things will be flying! Gravity and matter have never been so fun.

Library and City of Martinez Recreation Happenings at the Library

All City of Martinez Recreation and Library events are located in the Library Community Room, downstairs .

Curiosity Day

Monday, September 12, 6:30 pm

What are you curious about? We're celebrating Curiosity Day with your favorite monkey! Wear your big yellow hat and enjoy some Curious George stories, special activities, and crafts that you can bring home.

Dress up for Fall

Monday, October 3, 6:30pm

Come in costume as we celebrate fall with special stories and crafts for the Halloween season.

Choo Choo through Sodor

Monday, November 14, 6:30pm

Do you have a favorite Thomas the Train story? Who is your favorite engine from Sodor? Celebrate "National Model Railroad Month" with special Thomas stories and activities. Bring home a craft and choo choo through the night.

Holiday Frolic

Candy Cane Lane

Friday, December 2, 3:00 - 5:00pm

Candy Cane Lane comes to life at the Martinez Library! Come frolic among the lollipops, and whip up some fun crafts to deck your halls.



Martinez Library

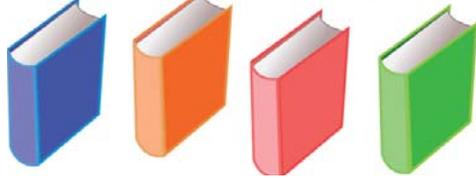
740 Court Street Phone: (925) 646-9900 www.ccclib.org
 Monday 12 - 8 p.m. Tuesday 10 a.m.- 8 p.m. Wednesday 12 - 5 p.m.
 Friday 12 - 5 p.m. Saturday 10 - 5 p.m. Closed Thursday and Sunday

LIBRARY ADULT PROGRAMS

Basic Financial Concepts

Saturdays September 24, 1:00 – 2:30pm

Irving Joe of Heartland Institute of Financial Education (HIFE) will give a talk on basic concepts fundamental to finances and financial education. No registration required.



Martinez Book Club

Tuesdays Sept. 27, Oct. 25, Nov. 22,
 Dec. 27, and Jan. 24
 6:00 -7:30pm

Come join us for Book Club! We meet the fourth Tuesday of the month at 6 pm. The group will select a different book for every meeting, alternating between genres. No registration or fees - just show up!

Retirement Planning

Saturday, October 8, 1:00 - 2:30pm

Thinking about saving up for retirement? This program will answer your questions and more. Irving Joe of Heartland Institute of Financial Education (HIFE) will return to the Martinez Library to talk about financial planning for retirement. No registration required.

Martinez Art Association

Nicho Workshop: Day of the Dead

Saturday, October 15, 1:00 - 3:00pm

Martinez Arts Association presents a special Day of the Dead workshop lead by artist Lorena Castillo. Castillo will teach participants how to create Nichos (small altars honoring the dead.) Participants may bring small photographs of their honorees. Call 925-646-9900 to register.

Author Talk: Harlan Bailey

Tuesday, November 1, 6:00pm

Local author Harlan Bailey of the Fisher Poets Gathering will read from current works in progress

LaDiDa A Cappella

Tuesday, Dec. 6, 6:30pm

Join us for an evening with LaDiDa, a women's a cappella group, will perform at the Martinez Library.

LIBRARY TEEN EVENTS

Drop-in Wednesdays for Teens

Wednesdays 3:00 - 4:00pm
 September 7 to December 14
 (excluding Nov. 23)

Drop in at the Martinez Library on Wednesdays for activities and events. First Wednesday of the month is Buttons! Third Wednesday will be Wii games. Other weeks there will be different games, crafts, electronics, journaling and special guests. Check it out!

Tag: Teen Advisory Group

Tuesday, September 20, 4:00-5:00pm

Be part of the TAG forming at the Martinez Library. Be involved in planning programming for the library, earn volunteer hours, learn job related skills, have some snacks and more!

Cartooning 101

Wednesday, September 28

3:00 - 4:30pm

Join us at the Martinez Library, when Brian Kolm, aka The Atomic Bear, guides you through basic cartooning. All materials provided.

Legos at the Library

Tuesday, September 13, Nov. 8 and Jan. 10

3:30 - 4:30pm

Join our Lego master, Charles Esseltine, and construct new Lego creations with the hundreds and thousands and millions of Legos at the library! For ages 4 and up.

Origami

Tuesday October 11

3:30 - 4:30pm

Come learn Origami from designer Charles Esseltine. Never folded paper in your life? Our expert will show you how! Best for grades 2 and up.

Henna Hands

Wednesday, November 9 3:00-4:30pm

Join Bay Area Face Painters for an afternoon of Henna Hand Painting. You will leave with a hand painted henna design on your hand. The henna design will last up to four weeks with care. Choose from designs for males and females. Space is limited. Call 925-646-9900 to register.

Special Holiday Gift Wrapping

Tuesday, December 13 3:30-5:00pm

Do you have a special gift to give this holiday season? Join our Origami master, Charles Esseltine, and make a one of a kind gift wrap.

SHINING STARS

Shining Stars Preschool

244 Morello Park Drive

Martinez, CA

(925)550-6169

Monday through Friday from 7:00am to 6:00pm

Our Center is designed to meet the needs of young children, ages 2 through Kindergarten (must be toilet trained).

Shining Stars Preschool and Child Care Center is conveniently located in beautiful Morello Park adjacent to the Morello Park Elementary school campus. The Center is open Monday through Friday from 7:00am to 6:00pm. The site is staffed by professionals, who meet State of California Early Childhood Education requirements. The purpose of our program is to help with necessary growth in emotional, social, cognitive and physical development. Our goal is to take each child where they are and provide developmentally appropriate material. Play is a great factor in the learning development of a child, so play is incorporated whenever possible. Play is learning and it helps develop pre-academic thinking. We integrate music and art into our program as well. Our Preschool is a safe, loving environment where the activities conducted on a daily basis will insure the growth and development of every child.

FEE SCHEDULE

One Time Registration Fee \$100 (non-refundable)

FULL TIME

6 or more hours per day or more days a week

5 days a week \$855

4 days a week \$685

3 days a week \$510

Minimum of at least 3 days per week

PART TIME

Less than 6 hours per day

5 days a week \$750

4 days a week \$600

3 days a week \$450

Minimum of at least 3 days per week

PRE-SCHOOL ONLY (8:30 a.m. - Noon)

5 Days per week (Mon. - Fri.) \$480

4 Days per week \$455

3 Days per week \$425

2 Days per week \$375

For additional information about our program or to visit

Shining Stars Preschool

Please call Owner/Director John McClearnen 550-6169

to set up an appointment and a tour of the school.



OWNER/DIRECTOR JOHN MCCLEARNEN 550-6169

Fall and Winter Camps

Join Barbara Patchin and her staff for our series of Fall and Winter Camps. Please call Recreation at 372-3510 for availability of drop-in spaces.

Secure your spot by pre-registering early!

Fall Mini Camp

Join your friends for fall fun, sports, crafts, games, and outdoor play.

Age: 4-11 years
 Day/Time: MONDAY - WEDNESDAY 9 am - 3 pm
 November 21- 23
 Fee: \$62/\$57 Martinez Resident per 3 days
 Location: Nancy Boyd Park, 90 Church Street
 Dropin: \$22 per day paid at camp
 No online registration for drop in
 Register on line at www.cityofmartinez.org



Let it snow! Let it snow!

Come spend 4 days at Nancy Boyd Park we will be doing winter crafts, build a snowman, and create beautiful snowflakes. We will also make time for tennis and basketball. (Weather Permitting).

Age: 4-11 years
 Day/Time: TUESDAY - FRIDAY 9 am - 3 pm
 Date: January 3 - 6
 Fee : \$84/\$79 Martinez Resident per 3 days
 Dropin: \$22 per day paid at camp
 No online registration for drop in
 Location: Nancy Boyd Park, 90 Church Street
 Register on line at www.cityofmartinez.org



Hot Cocoa and S'mores Camp

We're back at the Nancy Boyd Park Recreation Room, for one day of winter fun and a little cooking. We'll also include cooking brownies in a cup, crafts, and games.

Age: 4-11 years
 Date/Time: MONDAY, January 23 9 am - 3 pm
 Fee: \$22
 Dropin: \$22 per day paid at camp



Choo Choo All Aboard

Meet our Conductors at the Hot Dog Depot to pick-up your hot dog and drink ticket and make a train craft. Then hop on the old steam train to have your picture taken. Register on line or call Recreation to reserve your ticket. 372-3510. (Space is limited)

Ages: 3 - 7 years old
 Date/Time: THURSDAY, October 20, 3:30 to 5:00 pm
 Fee: \$8 per child for activities, crafts and meal
 \$5 for anyone else who wants hot dog, chip and drink.
 Location: Hot Dog Depot, 400 Ferry Street
 Register on line at www.cityofmartinez.org

Halloween Spooktacular

SUNDAY October 30, 10:00-2:00 p.m.

Trick or treat at downtown business.
 Crafts, face painting and fun! Stop by the Main Street for **Trick or Treat** locations.
 For more information about this fun event contact Main Street Martinez, 925-228-3577.
 Come early and stay late!

Breakfast with Santa

SUNDAY, December 11

8:00 - 11:00 am

Enjoy a fun filled holiday breakfast with Santa at the Senior Community Center. Join Santa for pancakes, sausages, scrambled eggs, juice and coffee. Bring a camera because this is sure to be a great photo opportunity. Homemade crafts will be for sale. Cost: \$4.00 Adults, \$2.50 for children (10 years and under)
 Martinez Senior Center, 818 Green Street, call 370-8770 for information.



Letters from Santa Claus

(Carte de Santa Claus)

Every child loves to receive mail! A letter from Santa Claus would be an extra special surprise! Santa's Elves will send a warm friendly letter (with no special promises) approximately one week before Christmas. The letter includes information about Rudolph, elves at the workshop and a holiday activity. Letters are also available for Spanish speaking children. Reserve a letter by going to www.cityofmartinez.org or by calling the Recreation Division 372-3510. Also, you may drop by the office at, City Hall, 525 Henrietta Street. Santa's helpers appreciate the donation of a first class stamp per child.

The last day to request a letter is MONDAY, December 12.

First Aid and Preparedness

For Elementary School Children

This is an American Red Cross Presentation. Children in grades 1-5 (ages 6-11) will learn three actions for emergency preparedness – get a kit, make a plan and be informed. It teaches participants to prevent and respond to emergencies that they may encounter.

This presentation does not result in certification in CPR or first aid. Participants will learn how to recognize an emergency, how to call 9-1-1, help someone that is choking, care for common household emergencies and help control bleeding. If there is time, the children will be introduced to hands-only CPR and AED's (automatic external defibrillator). One highlight of the day will be the rubber glove/shaving cream challenge.

Equipment, supplies, handouts and snacks provided. This is a one day, three-hour class. Choose the day that works best for you.

These classes are held on a MUSD Minimum Day schedule

Session 1. October 26, 12:30 – 3:30pm

Session 2. October 27, 12:30 – 3:30pm

Location: Rankin Aquatic Center, Lifeguard Training Office
100 Buckley Street

Fee: \$12 per student

Instructor: Patty Lorick, First Aid and CPR Instructor

To register go to www.cityofmartinez.org on the home page on the left hand side Class Registration click on School Age Activities.

Barbara and Marty's Halloween Hunt

Thursday, Oct. 27, 3:30-5:00 pm

We are having an old fashioned Halloween affair. There will be crafts, candy, and face painting to share. There will also be a candy hunt! Everything is **FREE**. Decorate a candy bag and have your face painted. The candy hunt will be at 4:00 pm sharp. Space is limited to the first 100 children.

Ages: 3 - 12 year olds

Location: Holiday Highlands,

Figtree Lane and Eastwoodbury Lane

To Register on line at www.cityofmartinez.org for questions call the Recreation office at 372-3510.

Babysitter's Training

The American Red Cross has recently updated the Babysitter's Training, adding new features such as a CD-ROM loaded with helpful information for the babysitter. Babysitters will learn skills necessary to provide safe and responsible care for children. Topics will include running a small business, safety, safe play, discipline, basic infant care, and basic first aid. No CPR or First Aid Certification is provided with class. A book with CD-ROM, certificate, supplies and snacks are included. Please pre-register.

Ages: 11 - 15 years old

Session 1: MONDAY, October 10

Session 2: MONDAY, January 23

Time: 8:30 am - 3:00 pm

Fee: \$70/\$65 Martinez Resident

Location: Martinez City Hall, 525 Henrietta Street

Register on line at www.cityofmartinez.org



Online Driver's Ed (Age 15 & up)

Know someone who needs a license? The website *Safety Driver's Ed.*, is operated by Bay Area Driving School (Lic. 2559) located in Hayward, California. This course is an interactive, educational online course with the latest in animation, video and web technology. It sets the foundation for behind-the-wheel driver's training and is in accordance with the guidelines set by the California Department of Motor Vehicles. Course includes: rules of the road, freeway driving, motorcycle & pedestrian safety, major causes of traffic collisions, alcohol & drugs, and much more. This course is a requirement for teens under 17 ½ years old to obtain a learner's permit and driver's license. Upon completion, students will receive DMV-approved Driver's Education Certificate of Completion. Fee: \$74.99. (OL 237). **STUDENTS MUST HAVE ACCESS TO THE INTERNET TO TAKE THIS COURSE.** To register log onto: www.SafetyDriversEd.com/affiliates/martinez



The City of Martinez Presents
SKYHAWKS TOT SPORTS
TOT SOCCER BASEBALL BASKETBALL
Ages 3-6 years

Skyhawks Mommy, Daddy and Me Ages 2-5

This multi-sport tot program was designed to give kids a positive first step into athletics. The fundamentals of soccer, baseball, basketball, and track & field are taught in a structured environment filled with lots of encouragement and a big focus on fun! Through fast paced games and activities, participants explore balance, body movement, coordination, and skill development at their own pace. This program includes parent participation.

Dates	Days	Times	Location	Fee	Sessions
9/22 – 12/1	THUR.	9:45am –10:15am	Mt. View Park	\$89	10

Skyhawks Tot Soccer Ages 3-6 years

Founded in 1979, Skyhawks is the #1 choice for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progressional curriculum and modified equipment, participants learn soccer fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include dribbling, passing, shooting, ball control, balance, body movement, foot/eye coordination, self-esteem, teamwork, and sportsmanship!

Dates	Days	Times	Location	Fee	Sessions
9/22 – 12/1	THUR.	10:30am –11:15am	Mt. View Park	\$109	10

Skyhawks Tot Sports (Soccer, Baseball, Basketball, Track & Field) Ages 3-6 years

This multi-sport tot program was developed to give kids a fun, safe, and positive first step into athletics. Using our progressional curriculum and modified equipment, participants learn the fundamentals of soccer, baseball, basketball, and track & field, through a series of fast-paced games and activities. Our primary development objectives include running, jumping, throwing, catching, hitting, dribbling, passing, shooting, balance, body movement, hand/foot-eye coordination, self-esteem, and teamwork!

Dates	Days	Times	Location	Fee	Sessions
9/8 – 11/10	THUR.	5:30pm – 6:15pm	Mt. View Park	\$109	10
9/20 – 11/29	TUES.	1:15pm –2:00pm	Mt. View Park	\$109	10
9/22 – 12/1	THUR.	11:30am –12:15pm	Mt. View Park	\$109	10



**TO REGISTER FOR SKYHAWKS TOT SPORTS
PROGRAMS PLEASE GO TO WWW.SKYHAWKS.COM
OR CALL 800.804.3509**

MUSIC CLASSES

Village Center for the Arts “a friendly place for learning”
1720 Linda Drive , Pleasant Hill, CA (Lab Fees due first day of class)
Please call 925-372-3510 to register or all of these fun classes.

Superstar Guitar! (Ages 7 - 12+)

Learn to play popular songs, power chords, riffs and have fun doing it! Superstar Guitar is designed to give first time guitar students musical success quickly. Essential guitar fundamentals are made easy and fun! Students must bring their own guitar, rentals are available from Village Music School for an additional fee.

Day: **TUESDAY CLASSES Ages 7-12**

Time: 4:30 - 5:10pm

Session 1: Sept. 20 - Oct. 22

Session 2: Nov. 1 - Dec. 6

Day: **SATURDAY CLASSES Ages 7-12**

Time: 1:00- 1:40pm

Session 1: Sept. 24 - Oct. 29

Session 2: Nov. 5 - Dec. 10

Day: **WEDNESDAY Classes (Ages 12+)**

Time: 4:30 - 5:10pm

Session 1: Sept. 21 - Oct. 26

Session 2: Nov. 2 - Dec. 7

Tuition: \$115/\$110 Martinez Resident

Lab fee: \$15 includes method book



Master Class (Ages 12 - 15)

Village Music School is thrilled to announce the addition of a performance Master Class. Students will discover how to find their individual style and sound via the craft of singing. We will explore various styles including Pop, R & B, Folk and Musical Theater. Activities will include individual solos, duos, ensemble numbers in addition to the ability to audition and perform with joy and confidence. Daily fundamental exercises includes but not limited to; breathing, phonetics, vocal eases, theater games, movement, and monologue coaching. Student will have an opportunity to choose their own songs, find their own unique style and perform to the best of their ability. Master Class will improve your audition skills and voice stage presence, so you can be the lead in the next high school musical or in community theatre. A ten-minute vocal assessment is required to reserved your placement in this master class.

Day: **MONDAYS**

Time: 7:00 - 8:00pm

Monthly rate: \$75 for a 4 week month

\$93.75 for a 5 week month

Please call 372-3510 for registration.



Beginning Piano (Ages 6 - 12)

First time piano students will learn songs that are not only popular and fun to play, but that help with sight reading, rhythm, theory and many other musical fundamentals. Our patient instructors encourage students to learn and experience the language of music while building self esteem and confidence. Home practice and workbook study required.

Day: **WEDNESDAY CLASSES**

Time: 2:50 - 3:30pm

Session 1: Sept. 21 - Oct. 26

Session 2: Nov. 2 - Dec. 7

Day: **SATURDAY CLASSES**

Time: 2:00 - 2:40pm

Session 1: Sept. 24 - Oct. 29

Session 2: Nov. 5 - Dec. 10

Tuition: \$115/\$110 Martinez Resident

Lab fee: \$15 includes method book



Musical Theatre (Ages 7-12)

Have you ever dreamt of becoming the next great superstar? You've got what it takes, kid! Don't wait to be discovered, your time to shine is now! This everyone-has-a-blast class provides a stage of fun for everyone to sing, dance, and act! Students improve their voice, stage presence and confidence as they become their favorite characters from the Broadway musicals they know and love!

Day: **THURSDAY CLASSES 6:30 - 7:20pm**

Monthly Fee: \$118/\$108 Martinez Resident

\$15 One Time Lab Fee includes lyric sheets and CD
Musical Theatre is held on a month-to-month basis and students are free to join at anytime.

Princess

Comic Book Creations (Ages 7 - 12)

From creating and drawing characters of all kinds to telling a compelling tale, every student will be guided through the process of making their very own comic book from start to finish! Drawing and storyboarding are made simple through step-by-step examples. Each student will create their own complete comic book!

Day: **SATURDAY CLASSES**

Time: 11:50 - 12:30pm

Session 1: Sept. 24 - Oct. 29

Session 2: Nov. 5 - Dec. 10

Tuition: \$115/\$110 Martinez Resident

Lab Fee: \$15

Songs of a Princess (Ages: 4+ yrs)

This is a fun class for the little princess in your family. Students will improve their voices while singing the songs of their favorite Disney characters. Social and emotional skills are improved through group play and song. All students are encouraged to arrive in their princess apparel. Princes or pirates are welcome!

Day: **SATURDAY CLASSES 10:30-11:20am**

Monthly Fee: \$80/\$75 Martinez Resident

\$15 One Time Lab Fee

Songs of a Princess is held on a month-to-month basis and students are free to join at anytime.

Youth Scholarship Program

Is your child interested in participating in Martinez Recreation Department programs or activities but feel you can not register him or her because of limited funds? Partial financial assistance may be available through our Youth Scholarship Program which is based solely on financial need. Scholarships are for Martinez residents and children attending Martinez schools. Funds for this scholarship program are 100% provided by private donations. Scholarships are granted as long as there is money available. Please stop by the office or call Recreation at 372-3510 for an application for more information.

Registration and Refund Policy

- Full refunds, minus a \$10 administrative fee, will be given if requested prior to start of class.
- Cancellations of picnic areas, room, and pool rentals made two weeks or more prior of the event date will be assessed a fee of \$10, cancellation within 14 days forfeit all fees.
- Classes that do not meet the minimum enrollment will be canceled and all fees refunded. You will be notified if a class is canceled.
- Upon registration you are automatically enrolled and no further confirmation will be given.
- We accept Visa, Mastercard and Discover.

Teen and Adult Volunteer Opportunities

Teen Volunteer Opportunities

Complete your required Community Service with Martinez Recreation. We have a variety of volunteer opportunities, some include training! Call Barbara Patchin at 372-3547 for information.

- **Halloween Special Events** October 27 and 30
Assist with activities, classes, crafts, or face painting.
- **Holiday Frolic**, December 2
Volunteers are needed to help with event preparation, face painting, making balloon animals, jump house, game and parade management and more. Call Recreation at 372-3510 for information and free classes to help you learn to face paint and twist balloons.

Other Volunteer Opportunities

Mini Camps



Fun and Free Volunteer Training Balloons Twist and Face Painting Class

Tuesday, November 22

2:00-4:00pm

Learn the basics of twisting balloon animals or painting faces within minutes. Begin twisting a dog and very quickly progress to flowers, airplanes, lady bugs and more. Learn how to paint simple and popular designs with a few quick strokes of the brush. We provide all the supplies and some snacks to make the afternoon fun! Take your new skills to the Holiday Frolic where you will be a hit with small children. Bring a friend. Please pre-register by calling Patty Lorick at 372-3551 or e-mail at plorick@cityofmartinez.org

Ages: Junior High School to adults
 Fee: Free
 Date/Time: Tuesday, November 22
 Location: Rankin Aquatic Center, 100 Buckley Street



RECENTLY COMPLETED MEASURE H PROJECTS

Hidden Lakes Park Soccer Field

The City has recently completed the Hidden Lakes Park Soccer Field Renovation Project. The project replaced the natural turf soccer field with an artificial turf, multi use field. The track around the field, along with paths in the park have been also rehabilitated. Construction of ADA upgrades was included in the project.

The project was designed with the input of local youth soccer organizations. The soccer user groups indicated a desire to have flexibility for a wide range of age groups. The layout includes one adult sized field with one Under 11 field and two Under 9 fields striped also. There is also one lacrosse field that will be marked in a light green color so as not to contrast with soccer striping.

PROJECTS UNDER DESIGN

Waterfront Park Rehabilitation Project (Final Design Phase)

The schematic plans for the Waterfront Park Rehabilitation Project have been approved by the City Council. Improvements include renovation of sports fields, the addition of lights for the softball fields, renovation of pathways and ADA improvements. The project also includes renovating the Group Picnic area and park lighting.

Hidden Valley Soccer Field





What: CERT Basic Training – FREE – Fall 2016
Date: Saturday/Sept. 17, 24/October 1, 8
Time: 8:00AM – 1:00PM
Location: Council Chambers, City Hall, 525 Henrietta Street, Martinez

Date: Tuesday/Sept. 13, 20, 27/October 4, 11, 18
Time: 6:00PM – 9:30PM
Location: IBEW Hall 1875 Arnold Drive, Martinez
Register: Email MartinezCERT@gmail.com

**Training is FREE offered by the Martinez Area CERT
 To register or more information
 send an email to Martinez.CERT@gmail.com**

You are an important part of the solution. CERT will train you to be better prepared for emergencies and how to respond when your family, neighbors and neighborhood need you most. Let’s discover the resources our neighborhood has when needed the most. After all, it is not if...but WHEN disaster strikes.

Cert 2015 Graduates





Senior Community Center, 818 Green Street

Hours: 8:30am. to 4:30 pm,

Monday through Thursday

8:30am to 4:00pm on Fridays.

Phone us at 370-8770

Senior Supervisor Gina Lombardi Gravert

Senior Coordinator Laura Bryan

MEMBERSHIP

Membership in the Martinez Senior Community Center is open to all men and women 50 years of age or older.

Membership costs \$10 per calendar year

SERVICES

Call the Center for appointments, unless otherwise noted.

Nutrition Lunch - Monday through Friday, 11:45 am. Call one business day in advance by 12:00 pm for reservations, 646-2598. Donation: \$2.00 for those 60 and over; \$5.00 for under 60.

Blood Pressure Check - 2nd Monday, 9:30 - 10:30 am, Senior Center, 818 Green St. FREE. No appointment needed.

Health Insurance Counseling - 2nd and 4th Tuesday, 9 am to 12 pm, FREE by appointment. Help with decisions concerning medicare and identify opportunities to lower cost through discount program. Call 925-602-4168 to make your appointment

Podiatrist - 3rd Thursday, 1:30-4 pm, by appointment. \$40

Consult-an-Attorney Program -1st Tuesday, 1:00 to 3:00 pm and the 4th Friday, 2:00 - 4:00pm free by appointment, (must meet financial criteria). Senior Legal Services include various legal issues.

Transportation Services - County Connection tickets on sale at the Center. Call 370-8770 to make sure tickets are available onsite.

Information & Referral - During regular business hours.

USDA Low-Income Food Program - (Martinez Residents only) First Monday each month in parking lot of the Boys and Girls Club from 10:00 am to 12 pm Call Contra Costa County Food Bank at 925-767-7543 or 800-870-3663 for eligibility, questions and date changed due to holiday.

Senior Food Program - 1st & 3rd Thursday of each month, 9:00 - 10:00 am in the Teamsters #315 Parking lot at 2727 Alhambra Ave. Program is for low-income seniors: 55 years of age or older with a maximum monthly gross income of less than \$1,670 (one person) or \$2,246 (two persons). Call Contra Costa County Food Bank at 767-7543 with questions and to register. **Martinez Residents only.**

Cal Fresh Program (Seniors 60+) This program for Seniors will give them an electronic benefit Transfer (EBT) card that they can use for fruit and vegetables at most grocery stores and farmers Markets. Call 877-847-3663 (English) or 888-926-6432 (Spanish) to find out about this program.

Alzheimer's Respite Program - Wednesdays, 10 am - 4 pm 1111 Ferry St. Call 370-8772 for information, space availability and registration. **No Drop-ins.**

A Little About the Martinez Senior Center

The purpose of the Martinez Senior Center is to host and plan programs that encourage older adults to socialize and participate in activities designed to assist them to live more independent and inter dependent lives. For older persons at risk of losing their self-sufficiency, senior centers are an entry point to an array of services that will assist them as they "age in place." The Martinez Senior center offers a wide range of health, education, recreation, volunteer and other social interaction opportunities for participants that enhance dignity, support independence, and encourage community involvement.

Pancake Breakfast 8:00 to 11:00am

Second Sunday of each month. Everyone is welcome. Bring your family and friends! Fee: \$4.00 adults/\$2.50 children under 10. We will also have great homemade crafts for sale.

T.O.P.S. (Take Off Pounds Sensibly)

Thursdays, Weigh-in 8:30 - 9:00am

Meetings 9:00 - 10:00 am

Join this group to learn good nutrition practices and enjoy the support of the group members for your weight loss goals and maintenance efforts.

Yearly dues \$28 with a \$4 monthly fee.

Leader: Renee Winter

Letters from Santa Claus

(Carte de Santa Claus)

Every child loves to receive mail! A letter from Santa Claus would be an extra special surprise! Santa's Elves will send a warm friendly letter (with no special promises) approximately one week before Christmas. The letter includes information about Rudolph, elves at the workshop and a holiday activity. Letters are also available for Spanish speaking children. Reserve a letter by going to www.cityofmartinez.org or by calling the Recreation Division 372-3510. Also, you may drop by the office at, City Hall, 525 Henrietta Street. Santa's helpers appreciate the donation of a first class stamp per child. The last day to request a letter is FRIDAY, December 11.

Breakfast with Santa

Sunday, December 11

8:00 - 11:00am

Enjoy a fun filled holiday breakfast with Santa at the Senior Community Center. Join Santa for pancakes, sausages, scrambled eggs, juice and coffee. Bring a camera because this is sure

to be a great photo opportunity. Homemade crafts will be for sale. Cost: \$4:00 Adults, \$2.50 for children (10 years and under). Martinez Senior Center, 818 Green Street, call 925-370-8770 for information.



Lounge Activities

Play cards and table games, puzzles, borrow a book from our library, or just stop by for coffee.



Bingo

Thursdays, 1:00pm. Open for sales at 12:00pm Games begin at 1:00 pm, \$30 guaranteed minimum prize for 10 regular games, plus 3 warm up and half time special games (prize dependent upon sales). There are many "Special Dates" that pay larger "Pots" and give out prizes. Call the Senior Center at 370-8770 for "Special Dates."

Bridge

Afternoon bridge games are by reservation and for members only. Tuesdays: Duplicate Bridge 12:30pm, Wednesdays: "Brush -up Bridge," 10:00am to noon and Party Bridge 12:45pm. Fridays: learn to play 10:00am. Call the Center 370-8770 for details.

Mah Jongg

Mondays, 1:00 - 3:00pm. Are you interested in learning more about the game of Mah Jongg? Join others learning and enjoying the game. Drop-ins welcome. Fee: \$1.00 (donated to the center).

Pinochle: Members play with single deck

Mondays: 8:30 to 11:30am

Wednesdays: 12:30 to 3:30pm

Thursdays: 8:30 to 11:30am



Poker

Mondays and Thursdays, 12:00 - 3:30pm
Dropins Welcome!

Senior Community Center Overview

Martinez Senior Center

The purpose of the Martinez Senior Center is to host and plan programs that encourage older adults to socialize and participate in activities designed to assist them to live more independent and interdependent lives. For older persons at risk of losing their self-sufficiency, senior centers are an entry point to an array of services that will assist them as they “age in place.” The Martinez Senior center offers a wide range of health, education, recreation, volunteer and other social interaction opportunities for participants that enhance dignity, support independence, and encourage community involvement.

Senior Services

The Martinez Senior Center prides itself on being a one stop shop to meet as many senior needs as possible. City administration works hard to provide senior services in collaboration with a variety of agencies who offer these free of charge to seniors within the community. Senior services provided are HICAP, 55-Alive Driving Course, Monthly Blood Pressure Screening, free legal services, wills and trust, podiatrist, seasonal help with income taxes and much more.

Nutrition

The C.C. Café offers nutritionally balanced meals on a daily basis Monday-Friday at 11:45 am. (60 years & older). All meals served at the MSC Nutrition site are low –sodium and low-fat. Suggested donation of \$2.00 for 60+. \$5.00 fee for under 60. Must register for meal by the business day prior, before 12:00 noon.

Volunteers Opportunities

Volunteering is important for seniors as it provides companionship, socialization, friendship and having a purpose day to day. Stop in and see how we can get you involved in our center.

Travel

Travel opportunities are available with trips to points of interest in the Bay Area, United States and other countries. Itineraries are professionally planned, leisurely paced, reasonably priced and offer endless travel opportunities.

Activities

We have daily, weekly and monthly activities keep our seniors busy. Activities include Bingo, Line dancing , Arts and Crafts, Group exercise, Yoga, Quilting, Painting, Hula, Zumba, Duplicated Bridge, and much more.

Martinez Senior Citizen’s Club

If you are 50 years or older, don’t miss out on all the adventures at the Martinez Senior Center. An annual membership provides access to socials & activities, as well as:

- A Martinez Senior Center parking permit
- Monthly mailing of the newsletter, The Golden Times

To become a member, complete the following threesteps

Step 1

Be 50 years or older

Step 2

Complete the Membership Application available at the Martinez Senior Center

Step 3

Pay an annual membership fee of \$10



Special Events

Spooktacular Bazaar

Friday, October 28th 2016
9:00 a.m.-3:00 p.m.

Luncheon Tickets: Pre-Sale \$4.00 /Day of Event \$5.00



Join us in October for the Spooktacular Bazaar! There will be a White Elephant section, Jewelry section, Bakery section, and more. Our bazaar provides an opportunity for our fellow artists to display and sell their work along with participates to pass on their previously owned treasures. This is a perfect time to start getting into the holiday spirit! All sales made will go towards the Martinez Senior Center. Participants can join us in purchasing or donating items. You can drop off donations to the front desk anytime between October 21 and October 27. There will be a lunch served from 11:30 a.m. until 1:00 p.m., consisting of Pasta, Salad, & Garlic Bread, Coffee, Ice Tea, and water will be available. Pre-sale lunch tickets are only \$4.00. Day of event lunch tickets are \$5.00. Pre-sale tickets will be available at the front desk on September 12, 2016

Save the Date:

Upcoming Special Events

Halloween Fun and Activities- Monday, October 31
Thanksgiving Luncheon Friday, November 18
Tis the Season Holiday Luncheon Friday, December 16

2016 Meals on Wheels Fundraiser

Mon., October 3rd– Thurs., October 25th

Cost: Tickets are \$1.00 or

6 Tickets for \$5 /12 tickets for \$10

Come and join in the month of October when C.C. Café offers their annual fundraiser which benefits the Meals on Wheels program. This program is a vital service that delivers hot nutritious meals to home bound seniors. We will be having gift items on display in our center lobby starting Monday, October 3rd through Tuesday, October 25th, 2016. Tickets can be purchased through C.C. Café or the center office.

Important Details: Each gift/basket will be numbered and accompanied by a box with the same number. Choose what items you are interested in and place your tickets with your name and phone number in the items corresponding box. The drawing will be held on Tuesday, October 25th, 2016 at 10:00am in the lobby. Winners need not be present.

Bake Sale Fundraiser:

In addition to the gift items, the C.C. Café will also host a bake sale on Tuesday, Oct. 18th & Wednesday Oct. 19th from 10am-2pm to raise additional funds. If you would like to help by baking items for the bake sale, call or sign up with C.C. Cafe staff (925) 646-2598. Please be sure to label your baked good(s) if there is any nuts present. Your help for this worthy cause is much appreciated.

Saturday, October 8

1:30 - 4:00 pm

\$15 per person

Join us for a delicious event downtown Martinez.
Sample tasty treats from 15 restaurants in downtown Martinez.
This is a walking tour so wear comfortable shoes and expandable belt.

Participating Restaurants



Barrel Aged
Nu Rays
Haute Stuff
Barrelista
La Tapatia
Starbucks
Bar Cava
Pacifica Pizza

Roxx on Main
States Coffee
Sunflower Garden
Luigi's
Saucie's
Whiskey Lane
Main Street Sweets
Beaver Creek Smokehouse



Purchase your Guest Pass

www.cityofmartinez.org

Martinez Recreation 372-3510

Martinez Senior Center 370-8770

Fundraiser for Oohs, Ahs, and Giggles performing art series for children.

Quilting

Tuesdays, 9:30 am - 12:30 pm or 6:00 - 9:30 pm

Wednesdays, 6:00 - 9:30 pm

Basic instruction in quilting. Classic and Modern styles. Bring your own projects or let Sandy help you start a new project.

Bring your own machine and enthusiasm.

Tuesday: Oct. 4 - Dec. 20

Times: 9:30 - 12:30pm or 6:00 - 9:30pm

Fee: \$42

Wednesday: Oct. 5 - Dec. 21

Times: 6:00 - 9:30pm

Fee: \$42

Location: Martinez Senior Center, 818 Green Street

Instructor: Sandra Keller

To register go to www.cityofmartinez.org on the home page on the left hand side Class Registration click on Senior classes



Serging, Sewing & Quilting

Tuesday, 1:00 - 4:00 pm

Learn how to use and care for serger and/or sewing machines and make garments, linens and accessories. Bring your machine and instruction book.

Tuesday: Oct. 4 - Dec. 20

Fee: \$42

Times: 1:00 - 4:00pm

Location: Martinez Senior Center, 818 Green Street

Instructor: Sandra Keller

To register go to www.cityofmartinez.org on the home page on the left hand side Class Registration click on Senior classes

Community Quilts

Wednesdays, 1:00 - 4:00 pm

Learn to quilt community quilts - use our fabric and equipment to learn some simple quilt patterns. Quilts donated to help out our community. **No fee**

Instructor: Sandra Keller

Beading 101 and More

Mondays, 1:00- 4:00 pm and 5:30 - 8:30 pm

Instruction in beading of bracelets, earrings and more; from the beginning and progressing slowly to more difficult projects. All levels welcome and everyone works at their individual speed. Great ideas for gifts!

Monday: Oct. 3 - Dec. 19 (No class Oct. 10 and Oct. 17)

Times: 1:00 - 4:00pm or 5:30 - 8:30pm

Fee: \$55

Instructor: Marion "Mimi" Vaeth

Location: Martinez Senior Center, 818 Green Street

To register go to www.cityofmartinez.org on the home page on the left hand side Class Registration click on Senior classes

Realistic Landscape & Portraits

This Class is designed to expand your creativity & art education while having fun. Learn to create strong design, accurate color, values and representation through demonstrations and individual

Session 1: Thursday: Oct. 13 - Nov. 17 (6 weeks)

Times: 10:00 - 1:00pm

Fee: \$90

Session 2: Thursday: Dec. 1 - Dec. 15 (3 weeks)

Times: 10:00 - 1:00pm

Fee: \$45

Instructor: Gary Bergen

Location: Martinez Senior Center, 1111 Ferry Street

For more information check out www.westerpainter.com

To register go to www.cityofmartinez.org on the home page on the left hand side Class Registration click on Senior classes

Craft Group

Tuesdays, 12:30 - 3:30 pm

Our Craft Group meets at the Senior Center every week to make items to sell for the benefit of the Senior Center. Newcomers are always welcome, it is a great way to make new friends. Drop on by!

Days/Times: Tuesdays, 12:30 to 3:00 pm

Location: Senior Center, 818 Green Street

Facility Closure Dates:

The Martinez Senior Center will be closed on the following dates:

September 5, 2016-Labor Day

October 10, 2016-Columbus Day

November, 11, 2016-Veterans Day

Thursday, November 24 & Friday November 25 - Thanksgiving

Friday, December 23 closed early at 1:00pm - Christmas

December 26 - January 2, 2017 - Holiday Break/New Years

Senior Community Center, 818 Green Street

925-370-8770

Meditation 1 for Health & Well-Being

Fridays, 10:30 am – 12:00 pm

Meditation has long been known to produce relief from stress and tension, greater health and well-being, and a path to personal/spiritual growth and development as well as greater enlightenment. Join us Friday mornings to learn and practice healing meditation and gain support for the journey. Each week of the month will have a focus:

Week 1 – Learning how to quiet the mind and tune into a higher state of consciousness to attain what you need.

Week 2 - Using meditation to navigate life challenges.

Week 3 – Using meditation to mature and heal the inner child.

Week 4 – Understanding meditation and dream imagery.

Week 5 – Understanding the energy impacting us.

For best results, it is recommended that you attend several classes in a row.

Class fee: \$10 per week.

Instructor: Mary Bruns

Yoga with Linda

Tuesdays and Thursdays 8:00 am to 9:00 am or

Thursday 6:00 - 7:00pm

Linda Burkard has studied and practiced Yoga for many years and has been teaching at the health clubs and Yoga studios in the East Bay for twelve years. Wear loose fitting clothes and bring your Yoga mat. Yoga classes are on going.

Drop in fee: Tuesdays and Thursdays \$7 per class

Instructor: Linda Burkard, Certified Yoga Therapist

Location: Senior Center, 818 Green Street

Walking Club

Monday's, Wednesday's and Friday's 9:00am

Meet at the Senior Center. Walk the city streets and the Marina area, walks last about an hour and tailored to those walking.

Weather permitting.



Zumba Gold

Thursday 11:45 to 12:30 pm

Join the fun! Zumba Gold fuses Latin and International rhythms with easy to follow dance moves for 50 minutes of nonstop fun. Zumba Gold was designed for the active older adults or Zumba beginners with a lower intensity and not as fast, but without missing any of the contagious excitement!

Fee: \$6 drop in

Location: Senior Center

Instructor: Jo Nash

Tai Chi Chuan

Mon. & Fri., 8:00 - 9:00 am – 1111 Ferry Street

Learn the slow, soft movements of Yang Style Tai Chi. Widely recognized as a gentle, safe way to increase strength, stamina and balance. This class is suitable for those who can walk without difficulty. Wear loose, comfortable clothes and appropriate shoes. This is a drop in class.

Fee: \$3 per class

Instructor: Larry Hines

(Call Larry with questions or concerns (925) 286-2432)



AARP Driver Safety and Refresher Courses

The course is designed for drivers age 50 and older to help update driving skills and knowledge of the rules and hazards of the road, learn about normal age-related physical changes and how to adjust your driving to compensate, reduce chances of receiving a traffic violation, getting into an accident, or becoming injured. Sign-ups are available in person one month prior to the class date at the Senior Center. Spaces are limited. A current driver's license required for sign-up. Payments made day of class.

Beginners Course

Date: Sept. 9 & 16

Time: 10:00am - 2:30pm

Fee: \$15 for AARP Members

\$20 for Non-AARP Members

Refresher Course

Date: November 4

Time: 10:00am - 3:15pm

Fee: \$15 for AARP Members

\$20 for Non-AARP Members

Location: Senior Center, 818 Green Street

Sign up: Senior Center

2017 Proposed Dates (check back for fees)

Beginner (2 day course)

March 3 & 10, 10:00 - 2:30pm

Refresher May 12 10:00 - 3:15pm

Beginner(2 day course)

Sept. 8 & Sept. 15, 10:00 - 2:30pm

Refresher Nov. 3 10:00 - 3:15pm

Fee: \$15 for AARP Members

\$20 for Non-AARP Members

Prices for overnights or longer are per person based on double occupancy. All checks are payable to "City of Martinez" unless otherwise stated. **Call the office at (925) 370-8770 for more information and availability**

2016 SIGHTSEEING DAY TRIPS

Apple Hill

Wednesday, October 17

Cost: \$71/Person

Depart @ 8:00am from Safeway Parking Lot (3334 Alhambra Ave) Park on G Street side of the lot only.
Trip Includes: Enjoy a snack upon arrival and then go on a tour of Apple Hill. Eat a BBQ chicken lunch followed by a group hayride. Includes Shopping at High Hill Ranch.



Rules and Fools

Wednesday, November 9

Cost: \$80.00/Person

Depart: @ 8:45 am from Safeway Parking Lot (3334 Alhambra Ave) Park on G Street side of the lot only.
Trip Includes: Enjoy a tour of the California State Capitol, a delicious lunch at the Delta King Riverboat Restaurant and admission to the Folsom State Prison Museum.

Holiday Lights of San Francisco

Monday, December 12

Cost: \$82/Person

Depart @ 3:00pm from Safeway Parking Lot (3334 Alhambra Ave) Park on G Street side of the lot only.
Trip Includes: Meet your guide at the Hyatt Regency in San Francisco where you will see the decorated lobby. Make your way to the Pier Market for dinner where you can admire the beautiful decorations. After dinner, you will view the Holiday lights of City by the Bay. Then head to South San Francisco to see a neighborhood that has been celebrating for the last 19 years with an amazing holiday light show.



Gambling Tour

Cache Creek

Friday, October 7, 2016

Cost: \$31

Make your way to Cache Creek Casino where you will receive \$10 slot play and \$5 food credit OR \$20 table match play and food credit

2017 Extended Trips

Southern California

New Year's Rose Parade

Friday, December 30 – Wednesday, January 4

Cost: \$2,599 double, \$3,149 single

Trip Highlights: We will be ringing in the New Year over dinner along with lunch at Lawry's, Tournament of Roses Parade, taking a peek at Rose Parade Floats, touring Reagan Library & Museum, Los Angeles, Hollywood Walk of Fame, Beverly Hills, and Rodeo Drive. 5 nights at one Hotel.

San Antonio Getaway

Sunday, March 26 – Thursday, March 30

Cost: \$2,445 Double , \$1,995 single

Trip Highlights: Take a tour of San Antonio! Tour includes The Alamo, Riverwalk Cruise, San Jose Mission, LBJ Ranch, Hill Country, Fredericksburg, and a Riverwalk dinner. Roundtrip airfare and a first class hotel. Includes 6 meals.

Gardens & Mansions features New Orleans and the Cajun Country

Thursday, May 15, 2017 – Thursday, May 23

Cost: \$2,450 double, \$3,190 single

Trip Highlights: Visit the French Quarter, St. Louis Cathedral, Bourbon Street, Pirates Alley and the French Marketplace. Visit New Orleans Garden District, the Longue Gardens and House, Baton Rouge and the New State Capitol building. Visit the town of Natchez, travel to Lafayette, Louisiana. End the trip in Vermillionville and Avery Island.

Western Frontiers

Friday, September 15 – Saturday, September 23

Cost: \$2,540 double, \$3,190 single

Trip Highlights: Yellowstone National Park, Mt. Rushmore, Crazy Horse Memorial, Fort Hays, Badlands National Park, Jackson Hole Valley, Buffalo Bill Historical Center, Devil's Tower, Deadwood, a cowboy cookout and more!

The Sunshine State features Miami, Orlando, Florida Keys, the Everglades

Thursday, November 9 – Thursday, November 16

Cost: \$3,195 double, \$4,095 single

Trip Highlights: In Orlando, visit Disney's Epcot and Kennedy Space Center. Then you will make your way to Fort Myers and explore the Everglades National Park with a fun adventure on the Everglades Airboat. Then enjoy Key West with a trolley tour and visit other famous landmarks. End your trip in Miami.

PARKS/REGISTRATION INFORMATION

Park Reservations

Any picnic group, organization, company or family may make a guaranteed park reservation through the Recreation office. Reservations will be taken beginning February 15 of the current year for City residents. Non-residents may make reservations beginning March 1 of the current year. Fees for deposits and rentals vary, depending on facility desired. Sound amplification and other special requests must be APPROVED in advance of your event. We accept Discover, MasterCard and Visa; however, you will be required to come into our office to sign and pick up the permit. You can obtain rates and availability by phoning the Recreation at 925-372-3510.

Sports Facility Reservations

Reservations for City park and athletic facilities for practice and organized league play should be made through the Recreation office. Priority will be given to recognized Martinez youth sport organizations and sanctioned Recreation Department programs. Facility use requests will be accepted only from program representatives. (Individual team managers will not be recognized without authorization from league directors.) Contact the Martinez Recreation at 372-3510 for facility availability and group qualifications.

Cappy Ricks Park

(1 Acre) Brown Street and Arreba Street near Pacheco Blvd. Two lighted tennis courts and backboard, basketball court, playground area, picnic area and restroom.

Ferry Point Picnic Area

(3.5 Acres) North Court Street via Ferry Street. Picnic area on the water's edge, west of the Marina. Turf area, walkways and great views.

Foothills Park

(2.3 Acres) Between Alhambra Avenue and Chatswood Drive. Neighborhood picnic and recreation area, basketball court and trails.

Golden Hills Park

(7 Acres) Bernice Lane off Blue Ridge Drive. Two lighted tennis courts, multi-use facility, restroom, playground area, basketball court, and picnic area.

Hidden Lakes Park

(26 Acres) Morello Avenue at Chilpancingo Pkwy. Two ballfields, basketball court, sand volleyball court, multi-use field, jogging track, concession building, restroom, two tot lot play areas, trails to Hidden Valley Park and large parking lot.

Hidden Valley Park

(16 Acres) Center Avenue at Redwood Drive. Two lighted tennis courts, reservable picnic areas, playground area, two ballfields, restrooms, bicycle/jogging paths and open space.

Highland Avenue Park

(1/4 Acre) Highland Avenue and Merithew Drive. Large playground area, picnic area, bike racks and lighted pathways.

Holiday Highlands Park

(2 Acres) Fig Tree Lane and Eastwoodbury. Neighborhood picnic area, playground area, multi-use field, bike racks and lighted pathways.

John Muir Park

(1.5 Acres) Vista Way and Pine Street. Adjacent to John Muir School, playground and multi-use field.

Morello Park

(5 Acres) Morello Avenue at Morello Park Drive. Play areas, basketball court, baseball field, multi-use field, tennis court, grass volleyball court and picnic areas.

Mountain View Park

(4.5 Acres) Adjacent to Parkway Drive off Howe Road. Play areas, basketball court, baseball field, multi-use field and picnic area, restrooms.

Rankin Park

(41 Acres) West end of Buckley Street. Swimming and diving complex, reservable picnic areas, lighted baseball field, restroom and play area.

Nancy Boyd Park

(8.5 Acres) Pleasant Hill Road East and Church Street. Ballfield, basketball court, three lighted tennis courts, playground area, multi-use facility, reservable picnic areas and restrooms.

Plaza Ignacio Park

(1 Acre) Alhambra Avenue and Henrietta Street. Park benches, Spanish fountain, tile plaza and raised flower beds.

Susana Street Park

(1 Acre) Susana Street and Estudillo Street. Performance stage, neighborhood picnic area, park benches, lighted pathways, and imported trees from all over the world.

Waterfront Park

(150 Acres) North Court Street via Ferry Street. Four ballfield complex with concessions and restrooms, soccer field, Large Group picnic areas, playground areas, horseshoe pits and bocce ball courts, restroom, the Marina and fishing pier. Twelve-hundred seat amphitheater and skateboard park.

REGISTRATION FORM

Participant's Name _____ Phone # (Home) _____ (Work) _____
 Address _____ City _____ Zip _____
 Class _____ Birth date _____

I hereby agree to hold the City of Martinez, their employees, officers, and program and activity instructors harmless from all liability which may arise as a result of my participation in the above activities. In the event that the above named participant is a minor I hereby give my permission for his/her participation in the above listed activities and also agree to hold the City of Martinez, their employees, officers, and program and activity instructors harmless from all liability which may arise from said minor's participation in such activities. I understand that the above named activities may involve risk or accidental injury and hereby voluntarily assume such risks. I/we agree to allow use of my/our photo for program publicity. If the participant is a minor the parent or guardian must sign. Signature: _____

Place completed form and check in sealed envelope marked "Registration" and mail or bring to: City of Martinez, Recreation, 525 Henrietta Street, Martinez, CA 94553